

# Local Resources

## Fleet and Family Support Center



### Purpose

One-Stop shop for military support programs

### Information Covered

- Deployment Support
- Family and Life Skill programs
- Exceptional family member support

### How to access:

- Call 757-444-2101
- Scan the QR code or
- Search “FFSC norfolk” in search engine (ex: Google)

## Comfort Crew for Military Kids



### Purpose

With You All The Way - Dealing with Deployment Program

### Information Covered

- Request a physical comfort kit
- Deployment Family Guidebook
- Comfort Crew Virtual Academy

### How to access:

- Scan the QR code or
- Search “comfort crew military deployment” in search engine (ex: Google)

## Department of Defense School Liaison Program



### Purpose

Primary point of contact for Pre-K - 12th grade school-related matters

### Information Covered

- Deployment and parental absence support
- Builds support network to provide a positive school experience

### How to access:

- Scan the QR code or
- Search “DOD school liaison program” in search engine (ex: Google)

## Military and Family Life Counseling



### Purpose

Free, confidential counseling for military members and their families

### Information Covered

- Improving family relationships
- Stress management
- Adjustment difficulties

### How to access:

- Scan the QR code or
- Search “military and family life counseling” in search engine (ex: Google)

## Parental Educational Advocacy Training



### Purpose

Special focus on advocating for exceptional family members

### Information Covered

- School-related, unique challenges faced during deployment for exceptional family members
- Becoming an effective advocate

### How to access:

- Scan the QR code or
- Search “PEATC” in search engine (ex: Google)