

Listen

The Waiting Warriors



Purpose

Multiple podcast episodes that focus on military separations and deployment

Information Covered

- Helping kids with separation
- Military transitions
- Taking care of you
- Preparing for deployment

How to access:

- Scan the QR code or
- Search “waiting warriors podcast” wherever you get your podcasts

Military One Source



Purpose

Ways to support kid and teens during deployment

Information Covered

- Department of Defense resources for families during deployment
- Deployment stories

How to access:

- Scan the QR code or
- Search “supporting youth and teens deployment” wherever you get your podcasts

United Through Reading Podcast



Purpose

Supports creating reading routines to foster family connection through challenges of military life

Information Covered

- Selecting books for military children
- Tools for bonding
- Reading together at different ages and stages

How to access:

- Scan the QR code or
- Search “united through reading” wherever you get your podcasts

Military Childhood Education Coalition



Purpose

Podcast episodes that address critical issues that impact military families

Information Covered

- Well-being of military families
- Mental health care
- Positive Childhood experiences
- Other various topics

How to access:

- Scan the QR code or
- Search “military child education coalition” wherever you get your podcasts