

Watch

TED Talk - Impact of Divorce on Children



Purpose

Professor Tamara D. Afifi talks about the impact of divorce on Children

Information Covered

- Impact
- Reasons
- Parental conflict
- Co-parenting
- Vicious cycles

How to access:

- Scan the QR code or
- Search “ted impact of divorce” at youtube.com

Ohio State University - Co-parenting program



Purpose

How Children View Divorce - In Their Own Words

Information Covered

- Successful co-parenting program from OSU
- Children’s feelings and opinions of divorce

How to access:

- Scan the QR code or
- Search “successful co-parenting a child’s view” at youtube.com

Sesame Workshop Divorce Resources for Children



Purpose

Multiple videos in English and Spanish to guide kids and adults through divorce and separation

Information Covered

- Blended families
- Adjusting to two homes
- Responding to reactions
- It’s not their fault

How to access:

- Scan the QR code or
- Search “sesame workshop divorce” in search engine (ex: Google)

Ted Talk - Co-parenting



Purpose

Author Joel Leon talks about the “beautiful, hard work of co-parenting

Information Covered

- Showing up for your family
- Sharing the workload
- Parenting is an opportunity

How to access:

- Scan the QR code or
- Search “joel leon ted talk” at youtube.com

St. Louis Children’s Hospital



Purpose

Divorce and Separation with Kids: What Parents Need to Know

Information Covered

- Mythbusting
- Ways to lower conflict
- Living arrangements
- Self-care
- Communicating

How to access:

- Scan the QR code or
- Search “the effects of divorce on kids St. Louis” at youtube.com