



Suffolk Speaks is an oral history project with the purpose of collecting and preserving the memories and experiences of people who have lived, worked, and played in Suffolk. These unique stories enrich our understanding this community's history.

Suffolk Speaks recording sessions are casual and conversational. Participants can share a story or use the prompts below to spark their memory.

Conversation Starters:

1. What is your connection to Suffolk?
2. Describe a place in Suffolk that is important to you or where you created a significant memory.
3. If you weren't born and raised in Suffolk, what impression did you have of Suffolk before you lived, worked, or visited?
4. How has Suffolk changed over the time you have had a connection to the city?
5. Who is your favorite person in Suffolk?
6. What's your favorite outdoor/natural spot in Suffolk?
7. Describe a notable restaurant, store, or hangout spot in Suffolk and its impact on your experiences in the city.
8. What surprises you about Suffolk?
9. If you could change anything about Suffolk, what would it be?
10. What's your best/worst/weirdest Suffolk memory?